



## LESSON PLAN

These Lesson Plans are a culmination of schoolwide activities and classroom activities, ranging from grades K-12

### Using “Kindness”

Submitted by Sherry - Meridian, Mississippi

#### Objective:

Two part objective:

First, to see how many words they can make from “Kindness.”

Second, to determine how much “Kindness” is worth

#### Grade Level:

Elementary to Junior High

#### Scope:

Class Activity

#### Materials Used:

None

#### Procedure:

First, the teacher will display the word “Kindness” in the classroom. Students will see how many “nice words” they can make from the letters k,i,n,d,n,e,s,s. The students with the most words turned in by the deadline (usually a week) wins a prize. All words have to be nice words and in a standard dictionary.

Entries are displayed in the halls. The teacher could print a sheet with the letters at the top and numbered blanks. Students would also decorate their entry for display.

The Random Acts of  
Kindness™ Foundation

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Next, the teacher will have the students write the letters of the alphabet on a sheet of paper. Under or beside each letter they will write the number that corresponds with its place in the alphabet. The numbers represent cents.

Example: A - 1, B - 2, C - 3...

Students are then asked to determine how much "Kindness" costs. The first one with the correct answer wins a prize. The students that also gives the answer that Kindness is free and does not cost anything also wins.

This can be extended to allow student to determine how much their name is worth and to find Dollar Words

**Practice Random Acts  
of Kindness™**