

HOSPITAL STAFF

- General Focus: Kindness to hospital staff members, who are caregivers themselves
- Audience: Hospital staff

HOW-TO

Since health care workers are in the business of caring for others, express kindness to your staff during Random Acts of Kindness Week.

- ◆ Set a booth up at each hospital entrance. Serve hot chocolate or coffee and a warm greeting.
- ◆ Visit the floors with a basket of kindness wishes rolled up and tied with a ribbon. Distribute them to staff and patients.
- ◆ Have a story contest - offering an attractive prize -- in which people can submit a story about something they did, something done to them, or something they saw someone else do. Publish the winner in the staff newsletter.
- ◆ During the week, send a kindness email once a day to the staff.
- ◆ Encourage the staff to pass the kindness on to others.

☺ Project contributed by Kelly of Morgantown, WV