

Random Acts of Kindness has brought more meaning into my life, and I am committed to help spread the word.

— Carol, State Parent Facilitator, HI

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These Lesson Plans are a culmination of school-wide activities and classroom activities, ranging from grades K-12.

Lesson Plan

Kindness Graffiti Wall

Submitted by Karen; Waterville, MN

Grade Level: Elementary

Purpose: To create kindness awareness on a personal, community and global level through artistic expression.

Materials Needed:

- Large sheet of colored poster paper (approx. 72" x 90")
- Masking tape
- Black permanent marker
- Assorted colors of acrylic or tempera paint
- Large and small paint brushes
- Water containers
- Newspapers

Suggested Booklist:

Annie Sullivan, By Mary Malone
Charlie and the Chocolate Factory, By Roald Dolch
See You Tomorrow, Charles, by Miriam Cohen
Spring and the Shadow Man, by Emily R Johnson
The Street of Flower Boxes, by Peggy Mann
The Value of Kindness, by Spencer Johnson, MD

Preparation:

1. Create a kindness web and make photocopies for each student. An example of a kindness web is illustrated below.

Procedure:

1. Read a Kindness story, and discuss Kindness as it applies at home, in the schools, throughout the community and around the world.
2. Pass out the Kindness Web. As a class, allow each student to share suggestions and ideas on being kind in each of the categories and fill out the web.

3. Discuss graffiti as an art form. Create a class graffiti wall. In creating the graffiti wall, draw lines to create a brick-like look. Then, attach the "brick" paper to a wall. Have the students take turns painting their kindness-themed graffiti design on the poster-board brick wall.

Kindness Web Sample:

