# **Integrity Unit**

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom**<sup>®</sup> lesson plans have been mapped to the five <u>CASEL Core Social Emotional Learning (SEL) Competencies</u>, the Centers for Disease Control and Prevention's <u>National Health Education Standards (NHES)</u>, and the national <u>Common Core State</u> <u>Standards</u> for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

# Lesson 1: Pennies of Honesty

CASEL	NHES	Common Core
Self-awareness	Standard 4. Interpersonal	English Language Arts Standards
Identifying emotions	communication	Reading: Informational Text
Accurate self-perception	4.2.1 - Demonstrate healthy ways	Key Ideas and Details:
	to express needs, wants, and	CCSS.ELA-LITERACY.RI.2.1
Self-management	feelings.	Ask and answer such questions as who, what, where, when, why, and
mpulse control		how to demonstrate understanding of key details in a text.
Self-discipline	Standard 5. Decision-making	CCSS.ELA-LITERACY.RI.2.2
Self-motivation	5.2.1 - Identify situations when a	Identify the main topic of a multiparagraph text as well as the focus of
	health-related decision is	specific paragraphs within the text.
Social awareness	needed.	CCSS.ELA-LITERACY.RI.2.3
Perspective-taking		Describe the connection between a series of historical events,
Respect for others	Standard 7. Practicing healthy behaviors	scientific ideas or concepts, or steps in technical procedures in a text
Relationship skills	7.2.1 - Demonstrate healthy	Reading: Foundational Skills
Communication	practices and behaviors to	Fluency:
Social engagement	maintain or improve personal	CCSS.ELA-LITERACY.RF.2.4.A
	health.	Read grade-level text with purpose and understanding.
Responsible		
decision-making		Speaking & Listening
dentifying problems		Comprehension and Collaboration:
Analyzing situations		CCSS.ELA-LITERACY.SL.2.1
Solving problems		Participate in collaborative conversations with diverse partners about
Evaluating		grade 2 topics and texts with peers and adults in small and larger
Reflecting		groups.
Ethical responsibility		CCSS.ELA-LITERACY.SL.2.1.A
		Follow agreed-upon rules for discussions (e.g., gaining the floor in
		respectful ways, listening to others with care, speaking one at a time
		about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.21.B
		Build on others' talk in conversations by linking their comments to the remarks of others.
		CCSS.ELA-LITERACY.SL.2.1.C
		Ask for clarification and further explanation as needed about the
		topics and texts under discussion.
		CCSS.ELA-LITERACY.SL.2.2
		Recount or describe key ideas or details from a text read aloud or
		information presented orally or through other media.
		CCSS.ELA-LITERACY.SL.2.3
		Ask and answer questions about what a speaker says in order to
		clarify comprehension, gather additional information, or deepen
		understanding of a topic or issue.
		Language
		Conventions of Standard English:
		CCSS.ELA-LITERACY.L.2.1
		Demonstrate command of the conventions of standard English
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grammar and usage when writing or speaking.

### Knowledge of Language:

CCSS.ELA-LITERACY.L.2.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening. **Vocabulary Acquisition and Use:** CCSS.ELA-LITERACY.L.2.5 Demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.2.5.A Identify real-life connections between words and their use (e.g.,

describe foods that are spicy or juicy).



## Lesson 2: Integrity with Tech

CASEL	NHES	Common Core
Self-management	Standard 4. Interpersonal	English Language Arts Standards
Impulse control	communication	Reading: Informational Text
Self-discipline	4.2.1 - Demonstrate healthy ways	Key Ideas and Details:
Self-motivation	to express needs, wants, and	CCSS.ELA-LITERACY.RI.2.1
	feelings.	Ask and answer such questions as who, what, where, when, why, and
Social awareness		how to demonstrate understanding of key details in a text.
Perspective-taking	Standard 5. Decision-making	
Respect for others	5.2.1 - Identify situations when a	Reading: Foundational Skills
	health-related decision is	Phonics and Word Recognition:
Relationship skills	needed.	CCSS.ELA-LITERACY.RF.2.3
Communication		Know and apply grade-level phonics and word analysis skills in
Social engagement	Standard 7. Practicing healthy	decoding words.
Relationship-building	behaviors	Fluency:
Teamwork	7.2.1 - Demonstrate healthy	CCSS.ELA-LITERACY.RF.2.4
	practices and behaviors to	Read with sufficient accuracy and fluency to support comprehension.
Responsible	maintain or improve personal	CCSS.ELA-LITERACY.RF.2.4.A
decision-making Identifying problems	health.	Read grade-level text with purpose and understanding.
Analyzing situations		Speaking & Listening
Solving problems		Comprehension and Collaboration:
Evaluating		CCSS.ELA-LITERACY.SL.2.1
Reflecting		Participate in collaborative conversations with diverse partners about
Ethical responsibility		grade 2 topics and texts with peers and adults in small and larger
		groups.
		CCSS.ELA-LITERACY.SL.2.1.A
		Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time

respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.2.1.B

Build on others' talk in conversations by linking their comments to the remarks of others.

CCSS.ELA-LITERACY.SL.2.1.C

Ask for clarification and further explanation as needed about the topics and texts under discussion.

CCSS.ELA-LITERACY.SL.2.2

Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.

CCSS.ELA-LITERACY.SL.2.3

Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.

Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.2.4

Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.

#### Language

#### **Conventions of Standard English:**

CCSS.ELA-LITERACY.L.2.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

#### Knowledge of Language: CCSS.ELA-LITERACY.L.2.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

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Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.2.5 Demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.2.5.A Identify real-life connections between words and their use (e.g., describe foods that are spicy or juicy).

# Lesson 3: What Would You Do?

CASEL NHES Common Core
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#### Self-awareness

Identifying emotions Accurate self-perception Recognizing strengths Self-confidence

Self-management Impulse control Self-discipline Self-motivation Goal-setting

**Social awareness** Perspective-taking Respect for others

#### **Relationship skills**

Communication Social engagement Relationship-building Teamwork

### Responsible

Reflecting

decision-making Identifying problems Analyzing situations Solving problems Evaluating

Ethical responsibility

# Standard 4. Interpersonal communication

4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings.
4.2.3 - Demonstrate ways to respond in an unwanted, threatening, or dangerous situation.

#### Standard 8. Advocating

8.2.2 - Encourage peers to make positive health choices.

#### English Language Arts Standards Reading: Informational Text Key Ideas and Details: CCSS.ELA-LITERACY.RI.2.1

Ask and answer such questions as who, what, where, when, why, and how to demonstrate understanding of key details in a text.

#### Reading: Foundational Skills Phonics and Word Recognition:

CCSS.ELA-LITERACY.RF.2.3 Know and apply grade-level phonics and word analysis skills in decoding words. Fluency: CCSS.ELA-LITERACY.RF.2.4 Read with sufficient accuracy and fluency to support comprehension.

CCSS.ELA-LITERACY.RF.2.4.A Read grade-level text with purpose and understanding.

#### **Speaking & Listening**

### Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.2.1

Participate in collaborative conversations with diverse partners about grade 2 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.2.1.A

Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.2.1.B

Build on others' talk in conversations by linking their comments to the remarks of others.

CCSS.ELA-LITERACY.SL.2.1.C

Ask for clarification and further explanation as needed about the topics and texts under discussion.

CCSS.ELA-LITERACY.SL.2.2

Recount or describe key ideas or details from a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.2.3

Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.

### Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.2.4

Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.

#### Language

#### **Conventions of Standard English:**

CCSS.ELA-LITERACY.L.2.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

## Knowledge of Language:

CCSS.ELA-LITERACY.L.2.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening.

# RANDOM ACTS OF KINDNESS

#### Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.2.5 Demonstrate understanding of word relationships and nuances in word meanings. CCSS.ELA-LITERACY.L.2.5.A Identify real-life connections between words and their use (e.g., describe foods that are spicy or juicy).

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# Lesson 4: Look for the Helpers

CASEL	NHES	Common Core
Self-awareness	Standard 1. Understanding	English Language Arts Standards
Recognizing strengths	concepts	Speaking & Listening
	1.2.2 - Recognize that there are	Comprehension and Collaboration:
Self-management	multiple dimensions of health.	CCSS.ELA-LITERACY.SL.2.1
Self-discipline		Participate in collaborative conversations with diverse partners about
Self-motivation	Standard 3. Accessing valid information	grade 2 topics and texts with peers and adults in small and larger
Social awareness		groups. CCSS.ELA-LITERACY.SL.2.1.A
Perspective-taking	3.2.1 - Identify trusted adults and professionals who can help	Follow agreed-upon rules for discussions (e.g., gaining the floor in
Empathy	promote health.	respectful ways, listening to others with care, speaking one at a time
Respect for others	3.2.2 - Identify ways to locate	about the topics and texts under discussion).
	school and community health	CCSS.ELA-LITERACY.SL.2.1.B
Relationship skills	helpers.	Build on others' talk in conversations by linking their comments to the
Communication		remarks of others.
Social engagement	Standard 5. Decision-making	CCSS.ELA-LITERACY.SL.2.1.C
Teamwork	5.2.2 - Differentiate between	Ask for clarification and further explanation as needed about the
	situations when a health-related	topics and texts under discussion.
Responsible	decision can be made	CCSS.ELA-LITERACY.SL.2.2
decision-making	individually or when assistance is	Recount or describe key ideas or details from a text read aloud or
Identifying problems	needed.	information presented orally or through other media.
Analyzing situations		CCSS.ELA-LITERACY.SL.2.3
Solving problems		Ask and answer questions about what a speaker says in order to
Evaluating		clarify comprehension, gather additional information, or deepen
Reflecting		understanding of a topic or issue. Presentation of Knowledge and Ideas:
Ethical responsibility		CCSS.ELA-LITERACY.SL.2.4
		Tell a story or recount an experience with appropriate facts and
		relevant, descriptive details, speaking audibly in coherent sentences.
		recount, descriptive details, speaking addibly in concrent sentences.
		Language
		Conventions of Standard English:
		CCSS.ELA-LITERACY.L.2.1
		Demonstrate command of the conventions of standard English
		grammar and usage when writing or speaking.
		Knowledge of Language:

## CCSS.ELA-LITERACY.L.2.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

#### Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.2.5

Demonstrate understanding of word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.2.5.A

Identify real-life connections between words and their use (e.g., describe foods that are spicy or juicy).

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DESIGNATED BY CASEL AS A RECOMMENDED PROGRAM FOR SOCIAL AND EMOTIONAL LEARNING. The Collaborative for Academic, Social, and Emotional Learning (<u>CASEL</u>) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the <u>CASEL Guide to Effective Social and Emotional Learning Programs</u>.

Kindness in the Classroom<sup>®</sup> met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom<sup>®</sup> received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/