

#### **Sub-Concepts Covered: Perseverance, Kindness**

Kindness in the Classroom lessons teach kindness skills through a step-by step framework of Inspire, Empower, Act, Reflect and Share. Each lesson starts with the 'share' step to reinforce learning from previous lessons. The 'act' piece is woven into the lessons but really takes place in the projects.

The Integrity Unit is our fourth unit in a series of six. It focuses primarily on giving students strategies to help them make honest choices and to persevere through challenging situations. We also talk a little bit about what a reputation is and how we can be people of good character and good reputation through the choices we make and actions we take. As with other units, we hope to connect the concepts in this unit back to kindness, which is integral throughout the series.

## Unit Objective

#### Students will:

- Review the primary themes from previous units: caring, kindness, inclusiveness, and fairness.
- Define honesty, dishonesty, and reputation.
- Utilize caring and kindness to develop honest alternatives to deceptive actions.
- Identify strategies that help people persevere through challenges.
- Work as a team.

#### Student Introduction

Welcome to the Integrity Unit! Over the next few weeks, we are going to build some superpowers around integrity, which means we show others we know how to make good, honest choices and that we can work hard even if we are in a difficult situation! We will talk about real-life situations where we have choices to make and even play a game you might already be familiar with - Chutes and Ladders (with a twist!). We are going to focus on these important areas:

- Making honest choices!
- Working hard persevering through challenging situations!
- Showing respect to others by being truthful!
- Building good reputations through our kind words and behaviors!

Let's get started with our first lesson!

# RANDOM ACTS OF KINDNESS

### **Unit Lessons**

Lesson Title	Lesson Objectives	Materials Required
Lesson 1 Pennies of Honesty	<ul> <li>Define honesty, dishonesty, and reputation.</li> <li>Evaluate the historical impact of honesty in Abraham Lincoln's life.</li> <li>Use a visual cue as a reminder to be honest.</li> <li>Review the primary themes from previous units: caring, kindness, inclusiveness, and fairness.</li> </ul>	<ul> <li>□ Print out or smart board projection of the Honesty Story: Six Pennies (https://www.ypwkids.com/wp-content/uploads/Curriculum/Values/Honesty/AbrahamLincolnStory.pdf)</li> <li>□ One penny for every student</li> <li>□ Tape for each penny</li> </ul>
Lesson 2 Integrity with Tech	<ul> <li>Determine how to be honest when we make mistakes regarding the use of technology.</li> <li>Evaluate the effects of our decisions to either be honest or dishonest.</li> </ul>	☐ For teachers: A Quick History of Accidental Online Purchases
Lesson 3 What Would You Do?	<ul> <li>Utilize caring and kindness to develop honest alternatives to deceptive actions.</li> <li>Identify strategies that help people persevere through challenges.</li> <li>Work as a team to complete a small group game.</li> </ul>	☐ Slides and Ladders board game (multiple games if there are many students; it could be challenging to have more than three groups of 3 or 4 playing on one board).  See attached for a printable game board.  ☐ "Situation" cards - one deck per game.  See lesson; create more if necessary.
Lesson 4 Look for the Helpers	<ul> <li>Recognize situations where helpers are needed.</li> <li>Identify the connection among integrity, helpfulness, and kindness.</li> </ul>	<ul> <li>□ For teacher prep: Here is the short interview snippet of Fred Rogers talking about looking for the helpers: https://www.youtube.com/watch?v=-LGHtc_D328     <li>□ Note that Project 1 is a nice scaffold to this lesson. If you wish to interject a project early, this would be a good place to work on Project 1.</li> </li></ul>

## **Unit Projects**

Project Title	Project Overview	Materials Required
Project 1 Read with Perseverance!	This project builds off of Lesson 2 in the Integrity Unit. This is a bulletin board that reminds students that they need to persevere in order to reach a goal. The ladder symbolizes the ladders they climbed in the Chutes and Ladders game in Lesson 2; it also represents natural forward and upward progression, which is important for reaching goals.	<ul> <li>□ Student Conference Sheet:         <ul> <li>https://teachables.scholastic.com/content/dam/scholastic/teachables/products/12/9780439241212 023.pdf</li> <li>□ Read with Perseverance! goal sheet (see lesson)</li> <li>□ Construction paper to create two long legs of a ladder and construction paper to create corresponding "rungs" for the ladder - one per students.</li> <li>□ Students will put their name and goal on their rung before adding it to the ladder legs.</li> <li>□ Board could be designed something like this (with an inspirational quote about perseverance on the side): https://i.pinimg.com/736x/1a/de/fc/1adefc416d51360d714cb586a8e2093bcounseling-bulletin-boards-kindergarten-graduation.jpg</li> </ul> </li> </ul>
Project 2 Thank You for Helping	This project is designed to help students express gratitude to helpers and to recognize that many people help without expecting anything in return. It is also aimed at helping students recognize that helpfulness requires integrity to persevere with completing a task, even when we don't want to. It is important to be a helper with integrity!	☐ Thank you card template ☐ Markers ☐ Black/white board