Courage Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom**[®] lesson plans have been mapped to the five <u>CASEL Core Social Emotional Learning (SEL) Competencies</u>, the Centers for Disease Control and Prevention's <u>National Health Education Standards (NHES)</u>, and the national <u>Common Core State</u> <u>Standards</u> for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

Lesson 1: I Believe in Super ME!

CASEL	NHES	Common Core
Self-awareness Identifying emotions Accurate self-perception Recognizing strengths Self-confidence Self-efficacy	Standard 4. Interpersonal communication 4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings.	English Language Arts Standards Reading: Foundational Skills Fluency: CCSS.ELA-LITERACY.RF.2.4.A Read grade-level text with purpose and understanding.
Self-management Impulse control Self-discipline Self-motivation	Standard 7. Practicing healthy behaviors 7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.	Writing Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.2.8 Recall information from experiences or gather information from provided sources to answer a question.
Goal-setting Social awareness Perspective-taking Respect for others	nealui.	Speaking & Listening Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.2.1 Participate in collaborative conversations with diverse partners about grade 2 topics and texts with peers and adults in small and larger
Responsible decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility		grade 2 topics and texts with peers and adults in small and larger groups. CCSS.ELA-LITERACY.SL.2.1.A Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion). CCSS.ELA-LITERACY.SL.2.1.B Build on others' talk in conversations by linking their comments to the remarks of others. CCSS.ELA-LITERACY.SL.2.1.C Ask for clarification and further explanation as needed about the topics and texts under discussion. CCSS.ELA-LITERACY.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.2.3 Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue. Presentation of Knowledge and Ideas: CCSS.ELA-LITERACY.SL.2.4 Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.

RANDOM ACTS OF KINDNESS FOUNDATION®

Language

Conventions of Standard English:

CCSS.ELA-LITERACY.L.2.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.2.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

Knowledge of Language:

CCSS.ELA-LITERACY.L.2.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.2.5 Demonstrate understanding of word relationships and nuances in

word meanings.

CCSS.ELA-LITERACY.L.2.5.A

Identify real-life connections between words and their use (e.g., describe foods that are spicy or juicy).

Lesson 2: I Do / They Feel

CASEL

NHES

Self-awareness Identifying emotions

Accurate self-perception

Self-management

Impulse control Self-discipline Self-motivation

Social awareness

Perspective-taking Empathy Appreciating diversity Respect for others

Relationship skills

Communication Social engagement Relationship-building Teamwork

Responsible

decision-making Identifying problems Analyzing situations Solving problems Evaluating Reflecting Ethical responsibility

HES

Standard 4. Interpersonal communication

4.2.1 - Demonstrate healthy ways to express needs, wants, and feelings.

Standard 5. Decision-making

5.2.1 - Identify situations when a health-related decision is needed.

Standard 7. Practicing healthy behaviors

7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.

Common Core

English Language Arts Standards Reading: Foundational Skills

Fluency: CCSS.ELA-LITERACY.RF.2.4.A Read grade-level text with purpose and understanding.

Writing

Research to Build and Present Knowledge:

CCSS.ELA-LITERACY.W.2.8

Recall information from experiences or gather information from provided sources to answer a question.

Speaking & Listening

Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.2.1

Participate in collaborative conversations with diverse partners about grade 2 topics and texts with peers and adults in small and larger groups.

CCSS.ELA-LITERACY.SL.2.1.A

Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a time about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.2.1.B

Build on others' talk in conversations by linking their comments to the remarks of others.

CCSS.ELA-LITERACY.SL.2.1.C

Ask for clarification and further explanation as needed about the topics and texts under discussion.

CCSS.ELA-LITERACY.SL.2.2

Recount or describe key ideas or details from a text read aloud or information presented orally or through other media. CCSS.ELA-LITERACY.SL.2.3

Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.

Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.2.4

Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.

Language

Conventions of Standard English:

CCSS.ELA-LITERACY.L.2.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking. CCSS.ELA-LITERACY.L.2.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

Knowledge of Language:

CCSS.ELA-LITERACY.L.2.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.2.5

Demonstrate understanding of word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.2.5.A

Identify real-life connections between words and their use (e.g., describe foods that are spicy or juicy).

RANDOM ACTS OF KINDNESS

Lesson 3: Courage to Clean

CASEL	NHES	Common Core
Self-awareness	Standard 1. Understanding	English Language Arts Standards
Self-confidence	concepts	Speaking & Listening
Self-efficacy	1.2.2 - Recognize that there are multiple dimensions of health.	Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.2.1
Self-management		Participate in collaborative conversations with diverse partners about
Self-discipline		grade 2 topics and texts with peers and adults in small and larger
Self-motivation		groups.
Goal-setting		CCSS.ELA-LITERACY.SL.2.1.A
Organizational skills		Follow agreed-upon rules for discussions (e.g., gaining the floor in
C .		respectful ways, listening to others with care, speaking one at a time
Social awareness		about the topics and texts under discussion).
Perspective-taking		CCSS.ELA-LITERACY.SL.2.1.B
Empathy		Build on others' talk in conversations by linking their comments to the
Respect for others		remarks of others.
		CCSS.ELA-LITERACY.SL.2.1.C
Relationship skills		Ask for clarification and further explanation as needed about the
Communication		topics and texts under discussion.
Social engagement		CCSS.ELA-LITERACY.SL.2.3
Relationship-building		Ask and answer questions about what a speaker says in order to
Teamwork		clarify comprehension, gather additional information, or deepen understanding of a topic or issue.
Responsible		Presentation of Knowledge and Ideas:
decision-making		CCSS.ELA-LITERACY.SL.2.4
Identifying problems		Tell a story or recount an experience with appropriate facts and
Analyzing situations		relevant, descriptive details, speaking audibly in coherent sentences.
Solving problems		
Evaluating		Language
Reflecting		Conventions of Standard English:
Ethical responsibility		CCSS.ELA-LITERACY.L.2.1
		Demonstrate command of the conventions of standard English
		grammar and usage when writing or speaking.
		Knowledge of Language:
		CCSS.ELA-LITERACY.L.2.3
		Use knowledge of language and its conventions when writing,
		speaking, reading, or listening.
		Vocabulary Acquisition and Use:
		CCSS.ELA-LITERACY.L.2.5
		Demonstrate understanding of word relationships and nuances in
		word meanings.
		CCSS.ELA-LITERACY.L.2.5.A
		Identify real-life connections between words and their use (e.g.,

Self-awareness Self-confidence Self-efficacy		
	Standard 1. Understanding	English Language Arts Standards
Self-efficacy	concepts	Speaking & Listening
	1.2.2 - Recognize that there are	Comprehension and Collaboration:
-	multiple dimensions of health.	CCSS.ELA-LITERACY.SL.2.1
Self-management		Participate in collaborative conversations with diverse partners about
Self-discipline	Standard 7. Practicing healthy	grade 2 topics and texts with peers and adults in small and larger
Self-motivation	behaviors	groups.
	7.2.1 - Demonstrate healthy	CCSS.ELA-LITERACY.SL.2.1.A
Social awareness	practices and behaviors to	Follow agreed-upon rules for discussions (e.g., gaining the floor in
Perspective-taking	maintain or improve personal	respectful ways, listening to others with care, speaking one at a time
Empathy	health.	about the topics and texts under discussion).
Appreciating diversity		CCSS.ELA-LITERACY.SL.2.1.B
Respect for others		Build on others' talk in conversations by linking their comments to the remarks of others.
Relationship skills		CCSS.ELA-LITERACY.SL.2.1.C
Communication		Ask for clarification and further explanation as needed about the
Social engagement		topics and texts under discussion.
Relationship-building		CCSS.ELA-LITERACY.SL.2.2
F eamwork		Recount or describe key ideas or details from a text read aloud or
		information presented orally or through other media.
Responsible		CCSS.ELA-LITERACY.SL.2.3
decision-making		Ask and answer questions about what a speaker says in order to
Reflecting		clarify comprehension, gather additional information, or deepen
Ethical responsibility		understanding of a topic or issue.
		Presentation of Knowledge and Ideas:
		CCSS.ELA-LITERACY.SL.2.4
		Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.
		Language Conventions of Standard English:
		CCSS.ELA-LITERACY.L.2.1
		Demonstrate command of the conventions of standard English
		grammar and usage when writing or speaking.
		CCSS.ELA-LITERACY.L.2.2
		Demonstrate command of the conventions of standard English
		capitalization, punctuation, and spelling when writing.
		Knowledge of Language:
		CCSS.ELA-LITERACY.L.2.3
		Use knowledge of language and its conventions when writing,
		speaking, reading, or listening.
		Vocabulary Acquisition and Use:
		CCSS.ELA-LITERACY.L.2.5
		Demonstrate understanding of word relationships and nuances in
		word meanings.
		CCSS.ELA-LITERACY.L.2.5.A
		Identify real-life connections between words and their use (e.g.,
		describe foods that are spicy or juicy).

$\underset{foundation^{\circ}}{\textbf{RANDOM}} \underset{foundation^{\circ}}{\textbf{ACTS}} \underbrace{\underline{of}}_{Find tion^{\circ}} Kindness$



DESIGNATED BY CASEL AS A RECOMMENDED PROGRAM FOR SOCIAL AND EMOTIONAL LEARNING. The Collaborative for Academic, Social, and Emotional Learning (<u>CASEL</u>) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the <u>CASEL Guide to Effective Social and Emotional Learning Programs</u>.

Kindness in the Classroom[®] met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom[®] received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/

