



# Responsibility

Hello Parents and Guardians,

Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPONSIBILITY. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
<b>Responsibility</b>	<ul style="list-style-type: none"><li>• What does it mean to be responsible for your actions?</li><li>• How do you accept responsibility for what you say and what you do?</li></ul>	Create a list of school and home responsibilities with your child. Emphasize how their responsibilities actually help their class. What are they responsible for at home? Explore that as well!
<b>Respond Kindly</b>	<ul style="list-style-type: none"><li>• How do we respond to others?</li><li>• How can we use kindness to respond in a kind way, no matter what?</li><li>• Why is being kind such an important responsibility?</li></ul>	Discuss the importance of responding kindly to others, even during difficult situations. If possible, identify some tough scenarios and practice responding kindly.
<b>Self-Discipline</b>	<ul style="list-style-type: none"><li>• What is self-discipline?</li><li>• How do we use self control in our classroom?</li><li>• What might happen if we didn't stay in control of ourselves?</li></ul>	Talk with your child about what self-discipline looks like in their class. How do we sit in our chairs/at the table? How do we answer a question? How do we move through the building? Emphasize kind, safe actions at all times.

**Key activities we'll be doing:**

- Organize personal space at school!
- Explore community based responsibility!
- Act out environmentally responsible actions!
- Create Kindness coupons!

**If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!**

Sincerely,

**TRY THIS AT HOME!**

Ask your child how they organized their space in their classroom. Work with them to organize their room/part of the room. Once completed, take a picture to remind them what it looks like when they are being responsible for their home space.