# **Integrity Unit**

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five <u>CASEL Core Social Emotional Learning (SEL) Competencies</u>, the Centers for Disease Control and Prevention's <u>National Health Education Standards (NHES)</u>, and the national <u>Common Core State</u> <u>Standards</u> for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

## Lesson 1: The Lie Snowball

## CASEL NHES Common Core

## Self-awareness

Identifying emotions Accurate self-perception

#### **Self-management**

Impulse control Self-discipline Self-motivation

### Social awareness

Perspective-taking Empathy Respect for others

#### Relationship skills

Social engagement Relationship-building

## Responsible decision-making

Identifying problems
Analyzing situations
Evaluating
Reflecting
Ethical responsibility

## Standard 1. Understanding concepts

1.2.1 - Identify that healthy behaviors impact personal health.

## Standard 7. Practicing healthy behaviors

7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.

## **English Language Arts Standards**

Reading: Literature Key Ideas and Details:

CCSS.ELA-LITERACY.RL.1.1

Ask and answer questions about key details in a text.

CCSS.ELA-LITERACY.RL.1.3

Describe characters, settings, and major events in a story, using key details.

#### **Craft and Structure:**

CCSS.ELA-LITERACY.RL.1.4

Identify words and phrases in stories or poems that suggest feelings or appeal to the senses.

## Speaking & Listening

#### **Comprehension and Collaboration:**

CCSS.ELA-LITERACY.SL.1.1

Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.

## CCSS.ELA-LITERACY.SL.1.1.A

Follow agreed-upon rules for discussions (e.g., listening to others with care, speaking one at a time about the topics and texts under discussion).

CCSS.ELA-LITERACY.SL.1.1.B

Build on others' talk in conversations by responding to the comments of others through multiple exchanges.

CCSS.ELA-LITERACY.SL.1.1.C

Ask questions to clear up any confusion about the topics and texts under discussion.

CCSS.ELA-LITERACY.SL.1.2

Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

CCSS.ELA-LITERACY.SL.1.3

Ask and answer questions about what a speaker says in order to gather additional information or clarify something that is not understood.

### Presentation of Knowledge and Ideas:

CCSS.ELA-LITERACY.SL.1.4

Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.

CCSS.ELA-LITERACY.SL.1.5

Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.

## Language

# RANDOM ACTS OF KINDNESS FOUNDATION®

## **Conventions of Standard English:**

CCSS.ELA-LITERACY.L.1.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

## **Vocabulary Acquisition and Use:**

CCSS.ELA-LITERACY.L.1.5

With guidance and support from adults, demonstrate understanding of word relationships and nuances in word meanings.

CCSS.ELA-LITERACY.L.1.5.A

Sort words into categories (e.g., colors, clothing) to gain a sense of the concepts the categories represent.

CCSS.ELA-LITERACY.L.1.5.C

Identify real-life connections between words and their use (e.g., note places at home that are cozy).

CASEL NHES Common Core

## **Self-management**

Impulse control Self-discipline Self-motivation

#### Social awareness

Perspective-taking Empathy Appreciating diversity Respect for others

### Relationship skills

Communication

## Responsible decision-making

Identifying problems
Analyzing situations
Solving problems
Evaluating
Reflecting
Ethical responsibility

## Standard 1. Understanding concepts

1.2.1 - Identify that healthy behaviors impact personal health.

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#### **Craft and Structure:**

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Identify words and phrases in stories or poems that suggest feelings or appeal to the senses.

### Integration of Knowledge and Ideas:

CCSS.ELA-LITERACY.RL.1.7

Use illustrations and details in a story to describe its characters, setting, or events.

#### Speaking & Listening

#### Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.1.1

Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.

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CCSS.ELA-LITERACY.L.1.5.C

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# RANDOM ACTS OF KINDNESS

### CASEL NHES Common Core

### **Self-awareness**

Identifying emotions Accurate self-perception Recognizing strengths Self-confidence Self-efficacy

### Self-management

Goal-setting
Organizational skills

## Social awareness

Appreciating diversity Respect for others

### Relationship skills

Communication Teamwork

## Responsible decision-making

Identifying problems Analyzing situations Evaluating Reflecting

## Standard 1. Understanding concepts

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# RANDOM ACTS OF KINDNESS FOUNDATION®

## **Standards for Mathematical Practice Geometry**

## Reason with shapes and their attributes.

CCSS.Math.Content.1.G.A.1

Distinguish between defining attributes (e.g., triangles are closed and three-sided) versus non-defining attributes (e.g., color, orientation, overall size); build and draw shapes to possess defining attributes. CCSS.Math.Content.1.G.A.2

Compose two-dimensional shapes (rectangles, squares, trapezoids, triangles, half-circles, and quarter-circles) or three-dimensional shapes (cubes, right rectangular prisms, right circular cones, and right circular cylinders) to create a composite shape, and compose new shapes from the composite shape.

## CASEL NHES Common Core

### **Self-awareness**

Recognizing strengths

#### Self-management

Goal-setting Organizational skills

### Social awareness

Perspective-taking Appreciating diversity Respect for others

### Relationship skills

Communication Social engagement Relationship-building Teamwork

## Responsible decision-making

Identifying problems Analyzing situations Evaluating Reflecting Ethical responsibility

## Standard 1. Understanding concepts

1.2.1 - Identify that healthy behaviors impact personal health.

## Standard 2. Analyzing influences

2.2.2 - Identify what the school can do to support personal health practices and behaviors.

## Standard 3. Accessing valid information

3.2.1 - Identify trusted adults and professionals who can help promote health.

3.2.2 - Identify ways to locate school and community health helpers.

### Standard 5. Decision-making

5.2.1 - Identify situations when a health-related decision is needed.

## Standard 7. Practicing healthy behaviors

7.2.1 - Demonstrate healthy practices and behaviors to maintain or improve personal health.

## English Language Arts Standards Writing

### Research to Build and Present Knowledge:

CCSS.ELA-LITERACY.W.1.8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

## Speaking & Listening

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The Collaborative for Academic, Social, and Emotional Learning (<u>CASEL</u>) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SELect Program and is included in the <u>CASEL Guide to Effective Social and Emotional Learning Programs</u>.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

https://casel.org/guide/kindness-in-the-classroom/