

Spread Care Project Plan

This project gives students an opportunity to care for others by volunteering around the school. Students can work in small groups if that is best for your group of students or individually. They will brainstorm areas they would like to help others, which could include helping the janitors, helping the kitchen staff, or helping younger students by reading or assisting with special projects. This project could also be tailored to be a large group project related to caring, perhaps in caring for the school grounds or collectively helping in a younger classroom with a specific project or activity.

Caring Sub-Concept(s)

Compassion, Kindness

Project Timeframe

25-30 minutes

Required Materials

- Project plan worksheet (see attached)
- Various materials depending on the project decided upon.

Project Details:

- To prepare, you may want to speak with different departments, teachers, and staff members around the school to get ideas/permission to encourage your students to help out at school. If this proves difficult or if you feel your students would work best as a large group (vs. individually), you could determine a large group project such as caring for the school grounds/property (picking up litter, cleaning common spaces, organizing the library or gym closets, etc.). Students may also want to give a presentation about communication, rumors and gossip, or forgiveness to other grades or even to faculty. If there are ELA standards associated with presentations, this might be a good opportunity to demonstrate those standards.
- At a determined time at the end of the Caring Unit, and after various permissions have been established, have students brainstorm their ideas for spreading caring around the school. They should fill out their “Spread Care Project Plan” and get your approval. This helps students stay organized and accountable for their ideas.

Extension Ideas:

- Create a bulletin board of the project plans so students can see how others are spreading care.
- Do a write up (or have students do this) for the school paper, newsletter, or website, highlighting all of the care plans. You might even submit the reflection to the local paper.

Optional Extension Discussion Activity

- Have a large group discussion after the plans have been implemented; ask students how they felt when they cared for others or for shared spaces. Have students talk about what they learned.
- Have students do a similar planning process for how they can spread care at home or in their communities.

Proposed Lesson Outcomes:

Students will:

- Plan and execute an activity where they get to care for someone or something else.



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The Collaborative for Academic, Social, and Emotional Learning (**CASEL**) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the [CASEL Guide to Effective Social and Emotional Learning Programs](#).

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>

Spread Care Project Plan

For my plan, I would like to care for:

What activities will I be doing for my Spread Care plan?

How much time will my Spread Care plan likely require?

What do I need to do in order to prepare for and complete my plan?

Besides my teacher, who do I need to talk to in order to set up my plan?

When would I like to complete my Spread Care plan?