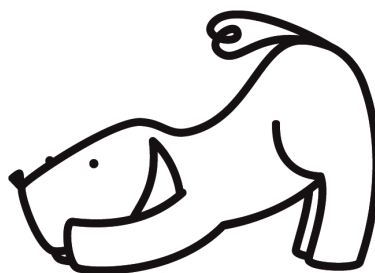


Respect



Hello Parents and Guardians,

Welcome to Unit 1 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPECT. Since this topic is already known by many of our students this year, we will be diving deeper into the following topics:

| TOPIC | QUESTIONS WE'LL BE EXPLORING | HOW YOU CAN HELP AT HOME |
|-------------------------------|---|---|
| Self-Respect | <ul style="list-style-type: none"> • How can we show ourselves respect? • How do we treat ourselves with kindness? | Talk with your child about the importance of respecting yourself in everything you think, say, and do! Respect starts with YOU. |
| Respect for Others | <ul style="list-style-type: none"> • How do we treat our classmates, our family, our friends? • How do our words and actions affect others? | Help your child look at how they use kind words and actions to show respect for others in their immediate world. |
| Respect for Our School | <ul style="list-style-type: none"> • How do we care for our classroom and the things in it? • How do we show respect for our school? | Talk with your child about the importance of respecting school property, including school supplies, technology (like computers/tablets), and playground toys. |

Key activities we'll be doing:

- Design a Respect fortune teller craft!
- Create a Self-Respect collage!
- Practice taking time out during difficult conversations!
- Use teamwork to build a respectful community!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

Be on the lookout for your child's Self-Respect collage. Discuss the different items on the collage and the reason behind their selections. Share one way you practice self-respect daily as well to encourage this behavior beyond this unit!